



City of Sugar Hill

Classes & Activities

Tap Ballet:

This summer students will become Little Princess' and travel Up, Up and Away with Tinkerbell and the other princess. The students will learn about different countries in a fun and exciting way. This is a perfect combination class. Ballet is the basis for all dance techniques. The technical training is taught through ballet; which in turn helps the proper shifting of weight and patterns in movement for tap. This class is divided into 20 minutes tap and 25 minutes ballet.

Class Schedule: Mondays: June 1 - July 27 (NO CLASS THE WEEK OF JUNE 29 - JULY 3)

Time: 4:00 - 4:45 pm

Location: Sugar Hill Community Center

Ages: 3 - 5 (must be 3 years old by August 31)

Fee: \$95.00

DRESS CODE for Tap Ballet & Pre-Ballet: Girls must have a pink leotard, pink tights, pink ballet slippers, and black tap shoes. Long hair must be pulled away from the face. Be sure to label all dance

attire! Holidays: NO CLASS THE WEEK OF JUNE 29 - JULY 3 DUE TO THE 4TH OF JULY.

Hip-Hop:

Learn dance combinations used in "Hip-Hop" dance style. Develop the strength, flexibility, rhythm, leaps, turns, balance, and combinations in the center and safe body mechanics to dance confidently in a social atmosphere. This style of dance is known for fast, athletic movements and body isolations unlike the fluid movement of ballet. "Hip-Hop" is extremely popular and can be seen in commercials, music videos and concerts.

Class Schedule: Mondays: June 1 - July 27 (NO CLASS THE WEEK OF JUNE 29 - JULY 3)

Time: 4:45 - 5:15 pm

Location: Sugar Hill Community Center

Ages: 6 & up

Fee: \$95.00

Etiquette Summer Camps:

Learn how to attain confidence; situational confidence; how to be polite; table manners; introductions and greetings; poise and posture; making good first impressions and more!

Dress attire: Dressy Casual - no jeans. Bring snack. Class is for boys and girls.

Class Schedule:

Session I: May 26 - 29 (Ages 6 - 9)

Session II: June 22 - 26 (10 and up)

Time: 10:00 am - 3 pm

Location: Sugar Hill Community Center

Fee: \$75.00 for session I and \$100.00 for session II

Persons with disabilities requiring accommodations in order to participate must contact the Recreation Department 770-831-7413 at least 48 hours in advance.



Karate Classes

Instructor: Renshi Sensei Michael Hoffman

Students will learn age appropriate self defense while developing stamina, coordination, and self confidence within a structured environment. Classes are designed for continuous training to achieve Karate ranks as you progress from white belt to black belt.

Session I

Youth Beginner Class:

Class Schedule: Thursdays - April 30 - May 28
Time: 6:15 - 7:00 pm
Location: Sugar Hill Community Center
Ages: 6 - 9
Fees: \$45.00

Youth Advanced Class:

Class Schedule: Tuesdays - April 28 - May 26
Time: 6:15 - 7:00 pm
Location: Sugar Hill Community Center
Ages: 6 - 9
Fees: \$45.00

Junior Beginner Class:

Class Schedule: Tuesdays - April 28 - May 26
Time: 7:15 - 8:00 pm
Location: Sugar Hill Community Center
Ages: 10 - 14
Fees: \$45.00

Junior Advanced Class:

Class Schedule: Thursdays - April 30 - May 28
Time: 7:15 - 8:00 pm
Location: Sugar Hill Community Center
Ages: 10 - 14
Fees: \$45.00

Adult Tuesday/Thursday Class:

Class Schedule: Tuesdays/Thursdays - Apr 28 - May 28
Time: 8:15 - 9:00 pm
Location: Sugar Hill Community Center
Ages: 15 and up
Fees: \$45.00 (once a week) \$65.00 (twice a week)

Session II

Youth Beginner Class:

Class Schedule: Thursdays - June 4 - July 2
Time: 6:15 - 7:00 pm
Location: Sugar Hill Community Center
Ages: 6 - 9
Fees: \$36.00

Youth Advanced Class:

Class Schedule: Tuesdays - June 2 - June 30
Time: 6:15 - 7:00 pm
Location: Sugar Hill Community Center
Ages: 6 - 9
Fees: \$36.00

Junior Beginner Class:

Class Schedule: Tuesdays - June 2 - June 30
Time: 7:15 - 8:00 pm
Location: Sugar Hill Community Center
Ages: 10 - 14
Fees: \$36.00

Junior Advanced Class:

Class Schedule: Thursdays - June 4 - July 2
Time: 7:15 - 8:00 pm
Location: Sugar Hill Community Center
Ages: 10 - 14
Fees: \$36.00

Adult Tuesday/Thursday Class:

Class Schedule: Tuesdays/Thursdays - June 2 - July 2
Time: 8:15 - 9:00 pm
Location: Sugar Hill Community Center
Ages: 15 and up
Fees: \$36.00 (once a week) \$52.00 (twice a week)

Session III

Youth Beginners:	6:15 - 7:00pm, Thursdays	August 13 - September 10	\$45
Youth Advanced:	6:15 - 7:00pm, Tuesdays	August 11 - September 8	\$45
Junior Beginners:	7:15 - 8:00pm, Tuesdays	August 11 - September 8	\$45
Junior Advanced:	7:15 - 8:00pm, Thursdays	August 13 - September 10	\$45
Adults:	8:15 - 9:00pm, Tuesdays/Thursdays	August 11 - September 10	\$45/\$65



City of Sugar Hill Classes & Activities

Cardio Party:

It is the hottest group exercise class around! Cardio Party is an addictive workout that combines shadowboxing, martial arts, sport drills, yoga, and simple dance moves, in a party atmosphere. You'll kick, punch, and groove the calories away to the hottest dance music around. This is a fun, safe, and effective cardiovascular workout for participants of all levels. Simple modifications can be made to make this workout custom to your needs. Come with a smile and be ready to sweat!!!

Come join us anytime! Classes will be pro-rated.

**Class Schedule: Mondays/Wednesdays: May 18 - June 24 (Session I)
June 29 - August 5 (Session II)**

Time: 7:00 - 8:00 pm

Location: Sugar Hill Community Center

Ages: 10 - Seniors

Fee: \$45.00 per session for both days

Basic Booty Camp:

This is a boot camp available to beginner exercisers who want to ease into a fitness program without feeling overwhelmed. This is a great way to have fun, get fit, tone up, and lose a few pounds. Come ready to experience an awesome total body workout held outdoors. Do it with your family, friends, and co-workers. This camp is very affordable and comes with a free nutrition guide. All that is required is water, towel, and a smile. ***Come join us anytime! Classes will be pro-rated.***

**Class Schedule: Mondays/Wednesdays: May 18 - June 10 (Session I)
June 15 - July 8 (Session II)
July 3 - August 5 (Session III)**

Time: 6:00 - 6:45 pm

Location: Sugar Hill Community Center

Ages: 10 - Seniors

Fee: \$65.00 per session for both days

Golf Lessons

Learn basic techniques of golf! This class will teach proper stroke techniques and club selection. Whether it be off the tee, the fairway or green; you will learn what it takes to score your best. There will be a tournament on the last day. **STUDENTS MUST BRING THEIR OWN CLUBS.**

Class Schedule: Wednesdays: June 3 - July 15

Time: 10:00 - 10:45 am

Location: Sugar Hill Golf Course

Ages: 9 - 18

Fee: \$60.00

Persons with disabilities requiring accommodations in order to participate must contact the Recreation Department 770-831-7413 at least 48 hours in advance.



City of Sugar Hill

Classes & Activities

Pre-School I Gymnastics for Boys & Girls:

Super fun gymnastics class with Ms. Hope. One hour class includes stretches, action songs, tumbling, bar, beam, springboard/vaulting. Level one for beginners. Ms. Hope has 10+ years of experience coaching preschoolers.

Class Schedule: Mondays: May 18 - June 22 (Session I)
June 29 - July 27 (Session II)
August 3 - August 31 (Session III)

Time: 4:00 - 5:00 pm

Location: Sugar Hill Community Center

Ages: 3 - 4 1/2

Fee: \$65.00

Pre-School II Gymnastics for Boys & Girls:

Excellent gymnastics class with Ms. Hope for the older fours and five year olds. This class will move at a faster pace than the Gym I and will include more advanced gymnastics skills which develop coordination and strength. Level two for older preschoolers or those with gymnastics experience. Ms. Hope has 10+ years of experience coaching preschoolers.

Class Schedule: Mondays: May 18 - June 22 (Session I)
June 29 - July 27 (Session II)
August 3 - August 31 (Session III)

Time: 5:00 - 6:00 pm

Location: Sugar Hill Community Center

Ages: 4 & 5

Fee: \$65.00

Intro to Belly Dance:

Belly dance of all styles are included in this class. Upbeat and beautiful, class format includes stretching, isolation of body parts, choreography and lots of core work. Ladies, Sugar Hill is getting funky, lifting, dropping, hitting and rolling. Come see what all the excitement is about - we have a great time! Absolutely, no experience needed.

Class Schedule: Wednesdays: May 20 - June 24 (Session I)
July 1 - July 29 (Session II)
August 6 - September 2 (Session III)

Time: 7:00 - 8:00 pm

Location: Sugar Hill Community Center

Ages: All

Fee: \$60.00

Musical Theatre Camp:

Exploring creativity through characters, costumes, creative writing and crafts for stage. Students will engage in fun, esteem-building activities for acting, singing, movement for stage (dance) and songwriting through the use of puppets, costumes/props and theatre improvisational games.

Class Schedule: Monday - Friday: July 27 - July 31

Time: 9:00 am - 1:00 pm

Ages: 8 - 14

Location: Sugar Hill Community Center

Fee: \$90.00



City of Sugar Hill Classes & Activities

Ballroom Dancing:

Dance Fever! Let the sizzling hot beat move you at these fun-filled Ballroom lessons. Come with a partner, or come alone, but just make sure you come! These ballroom lessons will introduce you to the basic steps that will lead you to having fun while doing a mild workout. Wear comfortable leather sole shoes. Ballroom dance has become more popular since "Dancing with the Stars" starting running in 2005 on ABC.

Class Schedule: Thursdays: June 18 - July 9 (Session I)
July 16 - August 6 (Session II)
August 13 - September 3 (Session III)

Time: Thursdays: 7:00 - 8:00 pm
Location: Sugar Hill Community Center
Ages: Adults & Seniors
Fee: \$48.00 per person or \$70.00 per couple

Sunrise Yoga:

For those just beginning or building an existing practice. This class will help you develop better balance, flexibility, strength, and body awareness. Relax and reenergize for one hour in a non-competitive and friendly environment. The format is a simple flowing Hatha Yoga. The instructor is internationally certified and has been teaching in the area for over five years. Bring a non-slip exercise mat.

Class Schedule: Fridays: May 22 - June 26 (Session I)
July 10 - August 14 (Session II)

Time: 8:00 - 9:00 am
Location: Sugar Hill Community Center
Ages: All ages
Fee: \$50.00 for one session or \$90.00 for both sessions

Stress & Anger Management Class:

This class is a six week class that will teach children how to use problem solving and anger management skills, as well as assist in helping children understand their anger. Children will learn about the physiological/psychological aspects of anger; will identify and learn to use healthy coping skills and how to communicate anger appropriately.

Class Schedule: Tuesdays: May 19 - June 2 - 23 (Session I)
July 7 - August 11 (Session II)

Time: 6:00 - 7:00 pm
Location: Sugar Hill Community Center
Ages: 12 - 16
Fee: \$35.00



City of Sugar Hill Classes & Activities

Mommy & Me Art Classes: (Welcomes Dads, Grandparents, and Aunts)

Want to spend FUN quality time with your 3 & 4 year olds? Dishes, laundry, work; other outside family commitments take us away from our little ones leaving us Moms, Dads, even Grandmas feeling guilty and longing for quality time. Plant the art seed now and watch your artist grow! Come spend one hour with The Art Momma for an interactive art class designed for you and her/him. This class is designed to encourage use of fine motor skills, teach you and your child simple interactive art lessons, introduce famous artists and their works, plant the seed of LOVE for the arts, and bring out the creative side of you and your child. Laugh, love, & create together! The look on your child's face will be priceless!

Class Schedule: Monday, July 13 - Wednesday, July 15

Time: 10:00 - 11:00 am

Location: Sugar Hill Community Center

Ages: 3 & 4 year olds

Fee: \$30.00 for mommy & child

Got Art Camp?:

Brushstroke your way into the summer with the Zany Art Momma, licensed, insured, and certified art teacher since 2001. The Art Momma offers the ultimate Art Camp experience, 3D Art, wire sculptures, clay, drawing and painting. Plus, pizza party on Friday on the Art Momma! **PLEASE BRING SACK LUNCH AND SNACK FOR CAMPERS MONDAY—THURSDAY.**

Class Schedule: Monday – Friday: June 29 - July 3 (Session I)

July 6 - July 10 (Session II)

Time: 9:00 am - 1:00 pm

Location: Sugar Hill Community Center

Ages: 6 - 11 year olds

Fee: \$190.00 per session (ALL ART SUPPLIES ARE INCLUDED, NO HIDDEN FEES)

One Stroke Beginner Painting Class:

Learn how to design hand-painted flower pots and candle holders using the One Stroke painting technique. In this class, you will start with basic flowers and leaves, and advance to dogwoods, pinecones, and roses. These make wonderful gifts and accessories for the home. Fee does not include supplies. Supply list will be provided upon registration.

Class Schedule: Tuesdays: May 5 - June 2 (Session I) NO CLASS ON MAY 26

June 9 - 30 (Session II)

July 7 - 28 (Session III)

August 4 - 25 (Session IV)

Time: 7:30 - 8:30 pm

Location: Sugar Hill Community Center

Ages: Adults/Seniors

Fee: \$75.00 per session

Persons with disabilities requiring accommodations in order to participate must contact the Recreation Department 770-831-7413 at least 48 hours in advance.



City of Sugar Hill Classes & Activities

Beginning Sewing:

In these five (5) weeks you will learn to use a sewing machine to create basic sewing projects. You will learn how to choose fabrics, read a pattern, and learn the terminology of sewing and the tools needed. The knowledge and techniques learned in these classes will be the basics of more advanced sewing. Each session will include three (3) different sewing projects which include a fun summer tote bag, purse organizer and business card holder. Students are responsible for fabric and sewing supplies. Supply list will be given out at first class. Sewing machines will be provided for the first eight (8) to sign up. The class will be taught by licensed Martha Pullen instructor, Wanda Keller.

**Class Schedule: Mondays: May 11 - June 8 (Session I)
June 15 - July 13 (Session II)**

Location: Sugar Hill Community Center

Time: 4:30 - 6:30 pm (Ages 10 - 16)

7:00 - 9:00 pm (Ages 16 - Adult)

Fee: \$125.00 per session

Basic Obedience:

This class will focus on the fundamentals of good manners by teaching sit, down, heel, and come with the positive clicker method. Your dog will be on the road to becoming a Canine Good Citizen (CGC).

Class Schedule: Fridays: July 31 - August 21

Time: 7:00 - 8:00 pm

Location: Sugar Hill Community Center

Ages: Adults

Fee: \$75.00 per session

Rally Obedience:

This class puts a fun spin on skills your dog already knows. You and your dog will learn true teamwork by taking the basics of sit, down, come, and heel and kicking it up a notch by learning pivots, turns, spirals, and stay-in-place.

Class Schedule: Fridays: June 5 - June 26 (Session I)

July 10 - July 31 (Session II)

August 7 - September 4 (Session III)

Time: 8:00 - 9:00 pm

Location: Sugar Hill Community Center

Ages: Adults

Fee: \$35.00 per session

Tricks for Dogs:

Is your dog a pet star (or potential pet star)? Teach your dog all kinds of fun and entertaining tricks: beg, rollover, speak, wave, find and fetch objects, jump through hoops, spin, crawl, and much more. This class is open to kids 10 and up (including adults!) You must be able to safely handle your dog in a group and your dog should know how to sit, stay, come, and down. **NO CLASS ON JULY 3.**

Class Schedule: Fridays: June 5 - July 17

Time: 7:00 - 8:00 pm

Location: Sugar Hill Community Center

Fee: \$75.00 per session



City of Sugar Hill Summer Camps & Leagues



i9 SPORTS COED SUMMER CAMP SCHEDULE:

Half Day Camps 9am – 12pm

Cost (\$125.00) with \$10.00 sibling or multi-camp discount

All camps will have limited capacity

Camps include: i9 Sports T-shirt, water bottle, snack, medal, final day pizza party, and FUN!

EE Robinson Park:

- Baseball (Ages 5-11) June 1st – June 5th
- Flag Football (Ages 5-12) June 8th – June 12th
- Multi-Sports Camp (Ages 5-12) June 22nd – June 26th
- Soccer Camp (Ages 5-11) July 6th – July 10th
- Lacrosse Camp (Ages 7-14) July 13th – July 17th

The Family Church: 40 players MAXIMUM

- Basketball Camp (Ages 5-11) June 15th – June 19th
- Cheer Camp (Ages 5-10) June 15th – June 19th

Reunion Subdivision:

- Multi-Sport Camp (Ages 5-12) June 1st – June 5th
- Flag Football Camp (Ages 5-12) June 15th – June 19th
- Cheer Camp (Ages 5-10) June 15th – June 19th
- Soccer Camp (Ages 5-11) July 6th – July 10th
- More camps can be added, based on demand

Sterling on the Lake:

- Multi-Sport Camp (Ages 5-12) June 8th – June 12th
- Flag Football (Ages 5-12) June 22nd – June 26th
- Cheer Camp (Ages 5-10) June 22nd – June 26th
- Soccer Camp July 13th – July 17th
- More camps can be added, based on demand

Multi-Sport Camps can Include: Flag Football, Soccer, Baseball, Basketball, Wiffle Ball, and Kick Ball (sport depends on field or gym space)

Register on-line at www.i9sports.com “camp” section or call 678-472-2142

SUGAR HILL PARKS & RECREATION

REGISTRATION FORM

PLEASE NOTE ALL CLASSES MUST MEET A MINIMUM ENROLLMENT FOR THE CLASS TO OCCUR.

Participant's Name _____ Home Phone _____
 Age _____ Date of Birth ____/____/____ Male/Female (please circle one)
 Mother's Name _____ Work Phone _____ Date of Birth ____/____/____
 Father's Name _____ Work Phone _____ Date of Birth ____/____/____
 Address _____ Sugar Hill Resident Yes / No
 City _____ Zip _____
 E-mail Address _____
 Emergency Contact _____ Relationship _____ Phone _____

WAIVER

I, the undersigned, assume all risks and hazards incidental to participation, including transportation to and from these activities and do hereby, for myself, my child, my heir, executors, and administrators, waive, release, absolve, indemnify and agree to hold harmless the City of Sugar Hill, Sugar Hill Parks and Recreation Department and its representatives, sponsors, affiliated associations, organizers, officers, officials and participants for any and all damages suffered by myself or my child in connection with this activity. Also, I agree that I will abide by all the rules and policies outlined in the National Rules and set by the Sugar Hill Parks and Recreation Department.

I, the undersigned, give permission to the Sugar Hill Parks and Recreation Department to photograph and video programs/activities and use those materials in advertising, promoting and reporting Parks and Recreation programs and activities.

I, the undersigned, give permission to the Sugar Hill Parks and Recreation Department to obtain and authorize medical care for said minor child at any hospital, emergency medical center, or any other health facility: by any medical doctor, osteopath, nurse, surgeon or any other medical practitioner. The undersigned further agrees to be responsible for the expenses of any medical care needed by the minor child, and hold the staff authorizing the medical care harmless from any damages suffered by the minor child or the undersigned as a result of the medical treatment authorized.

Signature (Participant/Parent/Guardian) _____ Date _____

Class	Day	Dates	Time	Location	Fee
TOTAL					

PAYMENT

Credit Card **VISA** _____ **MC** _____ **Check #** _____ **Money Order** _____
Card Number _____ **Expiration Date** ____/____/____
Name as it appears on Card _____ **Signature** _____ **Date** _____

Make Checks payable & Mail to – City of Sugar Hill / 4988 West Broad Street / Sugar Hill, GA 30518

Fax form with Credit Card Payment and Signature to 770-831-7546

For questions please contact the Recreation Department at 770-831-7413

2008 Rental Information and Fee Schedule

Sugar Hill Community Center

The Sugar Hill Community Center, located at 1166 Church Street. This facility is available for rent only by Sugar Hill residents on Fridays, Saturdays and Sundays. The center includes a 4,600 square foot open area, a full catering kitchen and bathrooms complete with a shower. There are hundred and four (104) chairs, six (6) five foot wide round tables, and twelve (12) six foot wide rectangle tables for your use during the rental. The Community Center is not rented by the hour.

1 (one) Room Rental: \$150 (Seniors 55 years or older \$75)
2 (two) Room Rental: \$250 (Seniors 55 years or older \$125)
Kitchen Rental: \$50
Rental Deposit: \$200 (Refundable)

E.E. Robinson Park

E.E. Robinson Park, located on Level Creek Road just pass Sugar Hill Elementary School, is a 34 acre park. The park includes two lighted baseball fields, one regulation size soccer field, two lighted tennis courts two basketball goals, two lighted beach volleyball courts, one jogging trail, an amphitheater and two pavilions. Sugar Hill residents are welcome to rent the amphitheater and pavilions. These facilities are not rented by the hour.

Pavilion: \$75
Amphitheater: \$50
Rental Deposit: \$100 (Refundable)

Sugar Hill Town Green Gazebo

The Sugar Hill Town Green Gazebo is located at the intersection of W. Broad Street and Church Street. The gazebo has limited seating, a ceiling fan and outlets for additional electrical devices. There are also several benches and swings surrounding the gazebo. The gazebo is an ideal location for a wedding, birthday party or any other type of outdoor event. Sugar Hill residents are welcome to rent the gazebo. The Town Green Gazebo is not rented by the hour.

Gazebo: \$75
Rental Deposit: \$100 (Refundable)

**For more information please contact the
City of Sugar Hill Recreation Department at 770-831-7413.**

REGISTRATION INFORMATION

WALK-IN

Sugar Hill Community Center
1166 Church Street.....Monday-Friday 8:00AM-5:00PM

NIGHT DROP

Sugar Hill City Hall 4988 West Broad Street

For your convenience, use the mail-slot at City Hall front door. Registration will be processed the next working day. Please use the registration form and follow the mail-in registration procedures carefully. **No cash please!**

FAX IN

We accept sign-up by FAX using VISA or MasterCard on a registration form **only**. Credit card information must be supplied on the form. Fax # 770-945-0281

MAIL IN

1. Fill out and sign the registration form in the packet.
2. Enclose payment. Payment may be made by personal check, money order, VISA or MC
This process DOES NOT guarantee you a spot in the requested program/s.

Please make check payable to:
CITY OF SUGAR HILL
4988 WEST BROAD STREET
SUGAR HILL, GA 30518



4988 WEST BROAD STREET
SUGAR HILL, GA 30518

**LOOK INSIDE FOR SUGAR HILL'S
NEW PROGRAM GUIDE!!!**